

NARRATIVE THERAPY

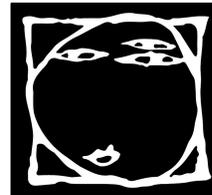
Vancouver, Canada

May 2-4, 2019



Therapeutic Conversations TC15

Stream 2



Mental Health Justice

The Vancouver School for Narrative Therapy

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## WELCOME

Registrants from each of the streams are invited to attend all the keynotes.

### Daily Schedule

**8:30-9:15: Keynotes**

**9:30:12:00 pm: Workshops**

**12:00 - 1:30 pm: Lunch**

**1:30-4pm: Workshops**

**4:15-5pm: Keynotes**

All New TCTV.live Members Receive 10% Discount at the Registration Desk

*We would like to begin by acknowledging that the land on which we gather is the unceded territory of the Coast Salish Peoples, including the territories of the x<sup>w</sup>məθkwəyəm (Musqueam), Skwxwú7mesh (Squamish), and Səlílwətaʔ/Selilwitulh (Tsleil-Waututh) Nations.*

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Thursday May 2nd

**OPENING CEREMONY - 8:15 -9:00 AM**  
Brandy Kane (Canada)

## Healing and Wellness Through the Medicine Wheel

The Medicine Wheel looks at all aspects of your life. Mental, Emotional, Physical, and Spiritual. In order to have wellness one needs to have balance. We will look at the different quadrants of the medicine wheel and how they can be implemented into your therapeutic practice.

## THURSDAY MORNING WORKSHOPS - May 2nd

### Mental Health Justice

Choose A or B

**A) Working with Girls and Women Victims of Gendered Violence: Narrative Therapy Practice through a trauma informed feminist approach ~ Rosa Elena Arteaga**

Participants learn to create narrative therapy conversations to address the effects of gendered violence while strengthening the resilience, agency and strategies that girls and women use to become free of violence and abuse.

**B) Beyond Deconstruction: A Compositionist Opportunity in Narrative Therapy ~ Justine D'Arrigo and Chris Hoff**

Justine and Chris explore the following questions in the workshop: With social explanations becoming privileged in academic and family therapy circles, how might we manage

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these interpretations on our work? How might a narrative therapist working under the influence of critical theory and political projects maintain the link to the small and maintain critical proximity, rather than being pushed farther and farther into a position of critical distance or structuralist definitions of problems and people. They spotlight the work of Bruno Latour, Judith Butler, and Ana Louise Keating as a path beyond deconstruction, and the limitations of identity politics, towards what they are calling a compositionist narrative therapy.

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## THURSDAY AFTERNOON WORKSHOPS - May 2nd

*Choose C or D*

### C) Healing and Wellness Through the Medicine Wheel

~Brandy Kane

The Medicine Wheel looks at all aspects of your life. Mental, Emotional, Physical, and Spiritual. In order to have wellness one needs to have balance. We will look at the different quadrants of the medicine wheel and how they can be implemented into your therapeutic practice.

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### D) Flipping the Script: Redefining the Role of Mental Health in Trans Care ~ Alex Filippelli & David Nylund (Rock)

A cornerstone of Queer-Informed Narrative Therapy is challenging “cistems” of oppression that impact trans lives. Participants will: unpack biases and assumptions pertaining to pathologization and access to care; identify systems of oppression that prevent trans people from surviving and thriving; and develop non-pathologizing, client-centered interventions to assist with legal, medical and social transition.

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## THURSDAY AFTERNOON KEYNOTE

Norm Kunc & Emma Van der Klift

### The Right to be Disabled: Two Insider Perspectives

The keynote explores the topics of: pervasive dominant narratives of disability; false counter-narratives; and more useful counter-stories that help foster a sense of resilience, resistance, and pride in disabled people and their families.

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## FRIDAY MORNING WORKSHOPS - May 3rd

### Day 3 - Friday May 3rd

#### FRIDAY MORNING KEYNOTE ~ 8:30 - 9:15

**Gender Health Center: What Happens When Trans People Deliver Trans Care**

**Alex Filippelli & David Nylund**

The Gender Health Center (GHC) is a trans-led community-based mental health organization in Sacramento, California serving the transgender and non-binary communities. Alex and David will share GHC's "access first" approach to care based on the ethics of Queer-Informed Narrative Therapy that provides low barrier health and mental health care without stigma and gatekeeping, and at the same time advocates for systemic change in our region.

### Mental Health Justice

Choose E or F

**E) Coloring Rhizomes of Social Justice and Dignity with People Experiencing Forced Displacement: Seeds of a Narrative Art Journey**

Through the politics and ethics of narrative practices Jacqueline's workshop brings participants into the emerging possibilities to accompany forcibly displaced people to protest, resist and re-story their colonized identities by violence - through art media, art processes and emerging images. Participants explore ideas and questions between verbal and visual languages to expand the cartographies of meaning into the territories of justice and dignity. A special emphasis will be done on art as a relational resource for social change.

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## F) Suicide Prevention and Social Justice: Playing with Narrative Practice to Create Enlivening Spaces of Possibility ~ Jonny Morris & Jennifer White

Narrative practice continues to offer an ethic, a means of convening, and a way of questioning in service of broadening the horizons of suicide prevention. This workshop offers an immersive experience into how narrative practice continues to hold promise in enlivening what can be said, thought, and known in the name of suicide prevention.

### FRIDAY AFTERNOON WORKSHOPS - May 3rd

Choose G or H

## G) Narratives of Normalcy: how disability became deficiency ~ Norm Kunc & Emma Van der Klift

This workshop will be an engaging, accessible exploration of how the concept of normalcy came into being and its lingering effects in the lives of disabled people. Norm and Emma will suggest how counsellors can work successfully with families and individuals to gain an alternate perspective on disability.

## H) Practicing Social Justice in our Words and Questions in Therapy ~ Emily Doyle

Workshop participants are introduced to additional ways we can conceptualize and participate in socially just counselling practices, and guided through a process of conceptual mapping intended to inform our therapeutic questions and advocacy for change.

### FRIDAY AFTERNOON KEYNOTE

## The Failure of Grief

Lorraine Hedtke

Re-membering, re-storation, and re-claiming the legacies of the dead are acts of resistance that stand against grief psychology's insistence on a one-size-fits-all model to bereavement. Postmodernism offers access to legacies of those who travel posthumously alongside us; a political act to lovingly visibilize and respectfully rescue relationships of those whose stories become intertwined with our own narratives.

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Day 4 - Saturday May 4th

### SATURDAY MORNING KEYNOTE

8:00 - 9:15 AM

**Re-Thinking Ethics and Politics in Suicide Prevention: Bringing Narrative Ideas into Dialogue with Critical Suicidology**

**Jonny Morris & Jennifer White**

An up-close and experience-near accounting of how narrative ideas are shaping critical approaches to expanding possibilities for living.

### SATURDAY MORNING WORKSHOPS - May 4th

## Mental Health Justice

Choose I or J

**I) *Sexual Assault Centers: Why We Do It and How We Do It.* ~ Rosa Arteaga & Sandra Suasnabar**

Rosa interviews Sandra to engage in wide ranging discussions about the politic, necessity and critical importance of sexual assault centers through a practice approach informed by an anti-oppression analysis and narrative therapy.

**J) *DE-colonial practises and Indigenization within a non-Indigenous organizations***

What does DE-colonial practise and Indigenization look like within a non-Indigenous organization? How do organizations take a learning stance and come alongside the work of Indigenous peoples and communities to create safer spaces?

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Join Peer Support Worker, Cori Kelly and Manager of Indigenous Services & Cultural Safety Allan Lindley and guests as they share some of the learnings, reflections, acknowledgments, and successes of creating space for Indigenous work to happen and for that work to lead this reclamation and healing.

## SATURDAY AFTERNOON WORKSHOPS - May 4th

Choose K or L

### K) Surviving the Opioid Crisis ~ Aaron Munro

The workshop speaks to stories of resistance and not being left to work alone in the Downtown Eastside (DTES) of Vancouver during a massive poisoning of poor people. Aaron will discuss the people who support, work and engage a narrative history of how harm reduction work is saving lives and keeping the community committed.

### L) Surprise Guest

## SATURDAY AFTERNOON KEYNOTE

4:15-5:00 PM

Rosa Arteaga

Rosa explores the ways in which we as therapist can dismantle social and political discourses that oppress people who consult us. Have we as therapists dismantled these discourses ourselves? Have we as therapists experienced the magic of arriving into new discursive territories when people who seek our support begin to stand up to taken for granted power?



*From The Vancouver School for Narrative Therapy "Thank You Participants, Presenters and Volunteers" who travelled far and wide to learn together.*